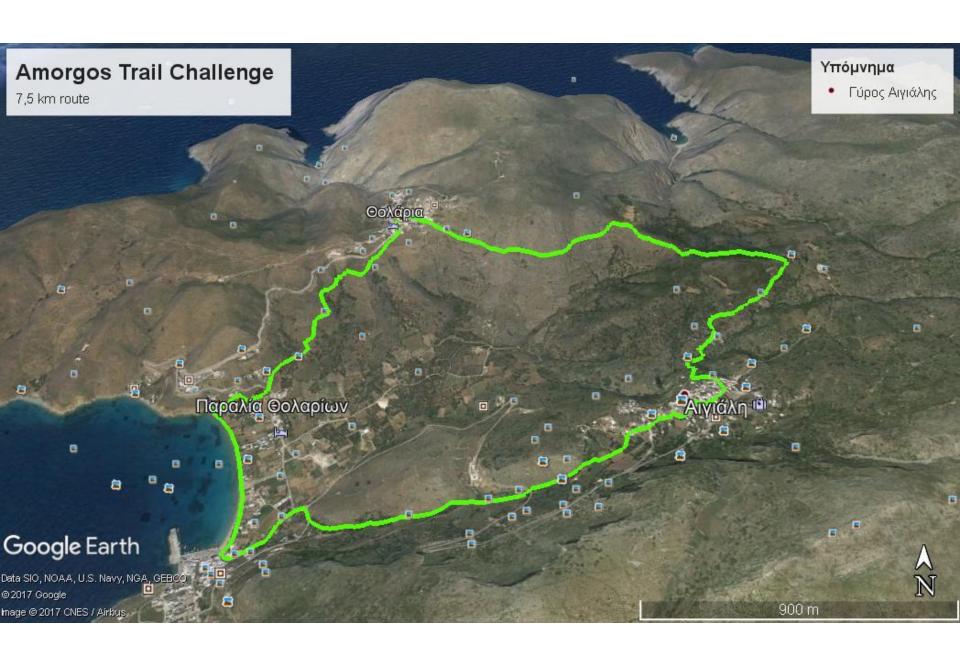


### **Amorgos Trail Challenge**

Technical Briefing - 7.5 km Race





#### **Aid Stations**

- 1. **Lagkada village:** 2.5 km water, sweet and savoury snacks
- 2. **Tholaria village:** 5.7 km water, cola, sweet and savoury snacks

#### **Terrain:**

Stone steps - inside villages & at Monastery

Scree

Paved trails

Dirt tracks and loose rock trails

Beach!







#### SINGPOSTING:

#### WARNING!

If you go more than 300 metres without seeing any ribbons or redand-white markings, TURN BACK!



#### **Detailed Description**

- Start at Amorgos Diving Centre, asphalt road for 650 metres
- Uphill footpath to Lagkada and entry to the village
- Aid station at 2.5 km, in the village square
- Descent to Drys area, steps and clear trail

### Detailed Description (continued)

- Small sharp ascent to below Agia Marina church
- Footpath to Tholaria village
- Aid station at 5.7 km, Tholaria village
- Descent from Tholaria via the footpath
- Crossing with asphalt road
- Beach Finish line

# Weather on 18/9/2021



## Please maintain social distancing, wear your mask at the start, and stay safe!

#### Enjoy the race!

